

# THE BISTRO.

RESTAURANT

FOR ALL YOUR MOODS  
OPEN FOR LUNCH & DINNER

CORNER OF WOLF & BEAR  
229 BEAR STREET

**762-8900**

**BANFF**

## Restaurants (Cont'd)

- Jewel Of Mongolia Grill Restaurant  
11306 Bow Valley Tr -----Canmore 678-9999  
If Busy Call -----Canmore 678-8816
- JOE BTFSPLK'S DINER**  
221 Banff Av -----Banff 762-5529  
(Please see our Display Ad Page 249)
- Juiced Smoothie & Energy Bar  
Cascade Plaza Food Court -----Banff 760-3889
- JUMP START THE COFFEE & SANDWICH PLACE**  
206 Buffalo St -----Banff 762-0332
- K F C Bay 2 202 Caribou St -----Banff 762-8867  
(Please see our Display Ad Page 253)
- Kabin The 1712 Bow Valley Tr ---Canmore 678-4878  
(Please see our Display Ad Page 253)
- KEG STEAKHOUSE & BAR**  
Downtown  
117 Banff Av -----Banff 760-3030  
At The Banff Caribou Lodge  
521 Banff Av -----Banff 762-4442
- KICK'N GLIDE CAFE & LOUNGE**  
1988 Olympic Wy -----Canmore 678-2448
- Korean Restaurant  
2 Flr Cascade Plaza -----Banff 762-8862  
(Please see our Display Ad Page 253)
- Laggan's Mountain Bakery & Delicatessen  
Samson Mall -----Lake Louise 522-2017  
Fax Line -----Lake Louise 522-3299
- Lake Louise Inn Box 209 ----Lake Louise 522-3791

(CONTINUED NEXT LISTING PAGE)

FIND WHAT YOU WANT —  
WHEN YOU WANT IT —  
PRODUCTS — DEALERS —  
SERVICES — PROFESSIONS  
are listed . . . by classification.  
. . . throughout these pages. You  
can find almost anything you  
need quickly and easily when  
you use THE YELLOW PAGES™



**Family Restaurant**  
Visit Our Locations In:  
Red Deer - Strathmore  
Medicine Hat

**Legendary Breakfasts**  
**Homemade Hamburgers**  
**Steaks • Chicken • Pasta**

**Senior's & Kid's Menu**

**762-4660**

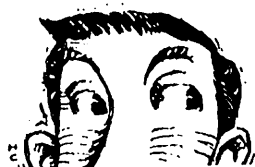
461 Banff Ave., Banff



**678-2656**

1727 Mountain Ave.,  
Canmore

How  
to be a  
Local Hero



**Look**

for ways you can  
volunteer and make  
your community a  
better place to live.  
Be a Local Hero.



**A New Spirit of Giving**

A national program to encourage  
giving and volunteering.

**Restaurants (Cont'd)**

**Lake Louise Station Restaurant**  
200 Sentinel Rd -----Lake Louise 522-2600  
(Please see our Display Ad Page 255)

**Lake Louise Village Grill & Bar**  
Samson Mall -----Lake Louise 522-3879  
(Please see our Display Ad Page 242)

**Lake Minnewanka Boat Tours**  
Box 2189 -----Banff 762-2331

**Le Bistro** 2718 10 St -----Canmore 678-3747

**LOTUS LOTUS CHINESE DELIGHT**  
CHINESE FAST FOOD  
TAKE-OUT & DELIVERY  
OPEN 7 DAYS A WEEK - CASCADE PLAZA  
317 Banff Av -----Banff 762-4388

**Maggie & Stump** 203 Caribou St --Banff 762-4067  
Fax Line -----Banff 762-8689  
(Please see our Display Ad Page 250)

**Malcolm's Mountain Grill**  
511 Bow Valley Tr -----Canmore 678-3625  
(Please see our Display Ad Page 250)

**Margielos Pizzeria**  
721 Main St -----Canmore 609-3221

**MCDONALD'S RESTAURANTS**  
116 Banff Av -----Banff 762-5232

**Melissa's Restaurant & Bar**  
218 Lynx St -----Banff 762-5511  
Lounge -----Banff 762-5776  
(Please see our Display Ad Page 253)

**Mount Engadine Lodge**  
Box 8239 -----Canmore 678-4080  
Fax Line -----Canmore 678-2109

**Mountain Restaurant**  
200 Village Rd -----Lake Louise 522-3573

**Musashi Japanese Restaurant**  
7a 1306 Bow Valley Tr -----Canmore 678-9360  
(Please see our Display Ad Page 254)

**Paddock The**  
At The Mount Royal Hotel  
132 Banff Av -----Banff 762-3331  
(Please see our Display Ad Page 247)

**PARIS' RESTAURANT**

108 Banff Av -----Banff 762-3554

**Patrinos Steak House & Pub**  
1602 Bow Valley Tr -----Canmore 678-4060  
(Please see our Display Ad Page 255)

**Peking Ginger Restaurant**  
Bay E 1702 Bow Valley Tr -----Canmore 678-3365  
Fax Line -----Canmore 678-3367  
(Please see our Display Ad Page 254)

**Peppermill Restaurant**  
726 9 St -----Canmore 678-2292  
(Please see our Display Ad Page 254)

**Petro Canada Wayfare Family Restaurant**  
1a Hwy -----Canmore 678-5644

**Phil's Restaurants** 109 Spray Av --Banff 762-2902  
Fax -----Banff 762-3268

**PINES RESTAURANT THE**  
537 Banff Av -----Banff 760-6690

**PIZZA CONSTRUCTION COMPANY**  
8 -Industrial Place -----Canmore 678-6666

**R & B's Eatery**  
Chateau Lake Louise Staff  
Village -----Lake Louise 522-3711

**Rebound Cafe** 726 Main St -----Canmore 609-3813

(CONTINUED NEXT LISTING PAGE)

eat a little @ eat a lot

Earl  
likes fresh food  
Earl likes to keep  
his prices down...  
Which is  
a fresh idea.

gourmet burgers, fresh pasta,  
great appetizers, steaks, chicken,  
& homemade desserts.

earl's @ earl's @ earl's  
RESTAURANT  
762-4414 229 BANFF AVE. (UPSTAIRS)  
CORNER OF BANFF AVE. & WOLF ST., BANFF

# Faros

## FAMILY RESTAURANT

Authentic Greek  
Home Cooking

- STEAKS
- SEAFOOD
- PIZZA
- PASTA
- GREEK DISHES

LICENSED - EAT IN, TAKE OUT OR  
DELIVERY

- OPEN 7 DAYS A WEEK -

# 678-2234

837 - 8th STREET  
CANMORE

WHAT'S  
your favorite  
cuisine?

See  
MENUS by Cuisine

at the front of this directory.

# Gasthaus Alphorn

## RESTAURANT

Fine European And Canadian Cuisine

**BREAKFAST:** All You Can Eat Hot & Cold Breakfast Buffet

**DINNER:** We feature Barbecued Grill Specialties, Alberta Steaks, Buffalo, Seafood, Veal, Chicken, Pasta Dishes & Variety of Fine Fondues & Homemade Desserts

- Outside Patio • Fully Licensed
- Salad Bar
- Wir sprechen Deutsch
- Cozy Atmosphere With Fireplace
- Banquet & Convention Facilities

RESERVATIONS APPRECIATED

# 678-5000

1723 Bow Valley Trail  
Canmore  
Next To The  
Pocaterra Inn



## Restaurants (Cont'd)

Rimrock Resort Hotel  
Mountain Av ----- Banff 762-3356  
River View Dining 228 Bow Av --- Banff 762-4600  
(Please see our Display Ad Page 256)  
Rocky Mountain Bagel Company Ltd  
Retail & Wholesale Catering  
6a 1306 Bow Valley Tr ----- Canmore 678-9968  
830 8 St ----- Canmore 678-9978  
Rose & Crown Restaurant & Pub  
749 Railway Av ----- Canmore 678-5168  
Rose & Crown Restaurant & Pub  
Upstrs 202 Banff Av ----- Banff 762-2121  
(Please see our Display Ad Page 255)  
St James's Gate Olde Irish Pub  
207 Wolf St ----- Banff 762-9355  
Santa Lucia Italian Restaurant  
714 8 St ----- Canmore 678-3414  
(Please see our Display Ad Page 254)

### SEEBE CAFE & CATERING

PICTURESQUE PATIO DINING • CATERING  
BREAD & MUFFINS BAKED DAILY  
PIZZA • PASTA • SOUPS • ICE CREAM  
Seebe ----- Exshaw 673-3511

Seoul Country Korean Restaurant  
Sundance Mall ----- Banff 762-4941  
Sherwood House Restaurant & Bar The  
838 8 St ----- Canmore 678-5211

(CONTINUED NEXT LISTING PAGE)

Alberta is named after Princess Louise  
Caroline Alberta, 4th daughter of  
Queen Victoria, and wife of the  
Marquis of Lorne, Governor General  
of Canada from 1878 to 1883.



## Creative Fresh, Homemade Italian Specialties For Over Twenty years

Open daily from 5pm

Above McDonalds  
Upstairs, 116 Banff Avenue  
Reservations Accepted

# 762-4002

## Kitchen Safety

Don't leave cooking  
unattended.

Keep appliances clean.

Turn pot handles in.

Wear tight-fitting sleeves  
when you cook.

Don't overload electrical  
outlets.

Don't store things on or  
over the stove.

Turn appliances off  
promptly after use.

Don't leave pot holders  
on the stove.

Heat oil slowly.

Contact your local Fire  
department for their  
fire prevention tips.

This message presented by  
**BUMPER TO BUMPER**

Restaurants (Cont'd)

Shiki Japanese Restaurant  
Clock Tower Mall -----Banff 762-0527  
(Please see our Display Ad Page 254)  
Silver Dragon Restaurant (Banff) Ltd  
211 Banff Av -----Banff 762-3939  
(Please see our Display Ad Page 251)  
Sinclairs 637 8 St -----Canmore 678-5370  
(Please see our Display Ad This Page)  
Smitty's Canmore  
1310 Bow Valley Tr -----Canmore 609-3631  
Fax Line -----Canmore 678-4888  
(Please see our Display Ad Page 255)

**SUBWAY**  
WORLD'S GREATEST SANDWICHES  
EAT IN - TAKE OUT  
OPEN LATE 7 DAYS A WEEK  
801 Main St -----Canmore 678-3377

Subway 137 Banff Av -----Banff 762-5700  
Suginoya Restaurant  
225 Banff Av -----Banff 762-4773  
(Please see our Display Ad Page 242)  
Sukiyaki House Banff  
211 Banff Av -----Banff 762-2002  
(Please see our Display Ad Page 243)  
Sushi House Banff  
304 Caribou St -----Banff 762-4353  
Taco Time Cascade Plaza -----Banff 760-2600

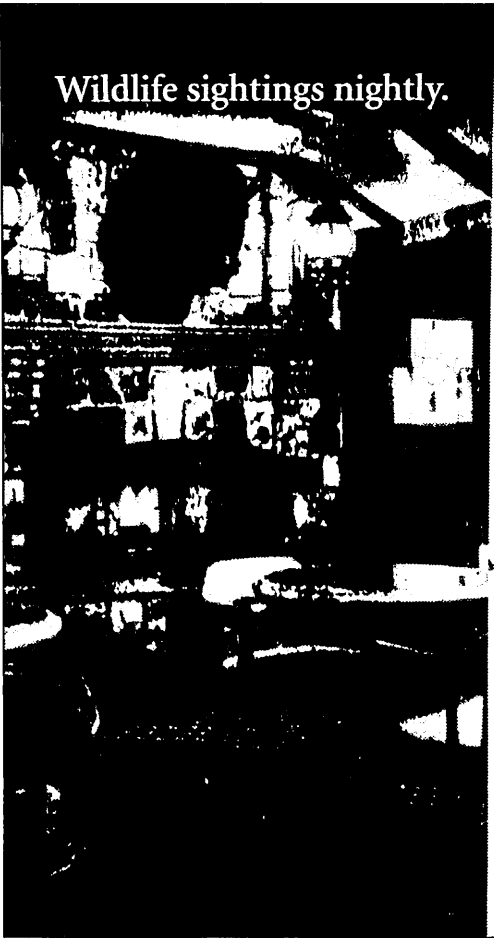
(CONTINUED NEXT LISTING PAGE)

**YOUR ADS  
IN THE  
YELLOW PAGES™ DIRECTORY  
ARE READ BY PEOPLE  
WHEN THEY ARE READY TO BUY...  
BE SURE YOUR BUSINESS IS  
REPRESENTED.**


**www.canadayellowpages.com**



The only  
source for  
all of  
Canada's  
**Yellow  
Pages™**  
on the  
Internet





**Wildlife sightings nightly.**



Seemingly plucked from  
a grander age, the Paddock  
lounge takes you back to  
a simpler time. When men  
were men and it was okay to  
have animal heads on your  
wall. Follow your instincts  
for an evening of refreshment,  
and conversation in front  
of our honkin' fireplace. Who  
knows what you might see?

**762~3331**

  
**Mount Royal Hotel**  
A good part of a great experience.  
Banff - Alberta  
Downtown at 138 Banff Avenue #  
[www.mountainroyalhotel.com](http://www.mountainroyalhotel.com)



**Sinclairs**  
*Casual Elegance in the Heart  
of Downtown Canmore*

Sinclairs is dedicated to being the best  
restaurant in Canmore for food,  
wine, service & atmosphere.

Open Lunch  
and Dinner Daily  
Available for  
private breakfast

We offer Beef, Lamb, Seafood,  
Gourmet Pizza & Pastas

**678-5370**

637, 8th Street Canmore Alberta

For some reason, people really seem to like  
how the air smells up here.



*Treat yourself to a dining experience  
true to the spirit of its surroundings.*

*Flavors of the Northern  
Mediterranean and elegant  
ambiance, both served with an  
appropriately local touch.*

762-7180

Downtown at 138 Banff Avenue [www.mountroyalhotel.com](http://www.mountroyalhotel.com)

**TUSCANY**  
RESTAURANT



Mount Royal Hotel  
A good part of a great experience.  
*Banff, Alberta*

**A Red Ad is  
a Read Ad**

**A Touch of Blue  
would  
work for you**

**Don't get lost  
in between . . .  
Highlight your  
ad with a  
Tint of Green**



Yellow Pages

**Try Our  
Super Value  
Menu!**

**Now Live With  
Pick Up Window**



Come Visit Us at both of our Bow Valley Locations

**CANMORE 678-9466 760-4433**

Mountain Road - Off of Highway 1A  
(Bow Valley Trail) with Tom Horton's at 120 Banff Avenue

**RAKE  
IN  
THE  
SAVINGS  
BY  
ADVERTISING  
IN  
THE  
YELLOW  
PAGES™!**



Yellow Pages



www.altavistacanada.com

# GET MORE CANADA...

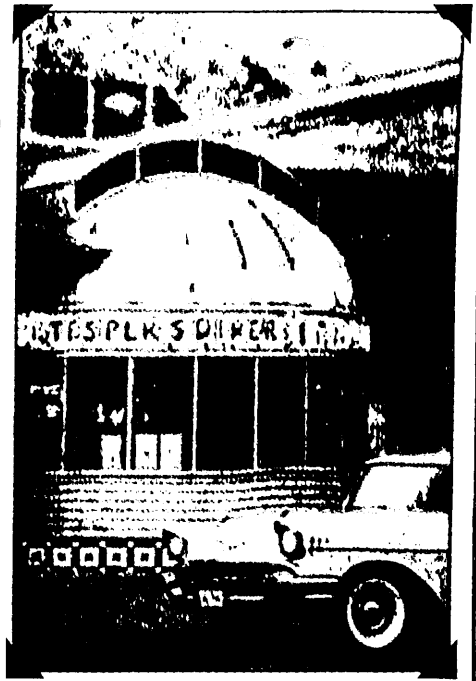
With over  
10 times more  
Canada than  
any other  
search engine,  
**why go  
anywhere else?**



A Classic Dinner...  
complete with jukebox,  
serving up great cuisine  
& atmosphere!

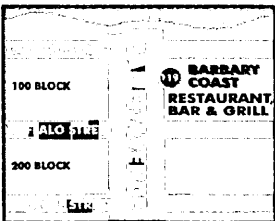
Licensed  
Children's menu available  
Open for breakfast, lunch  
& dinner

221 Banff Avenue  
Phone: 762-5529  
Open 7 Days a Week



IMAGINE - There's a cause  
for everyone. Look for ways  
you can volunteer your time.

The average value of a purchase made  
using the YELLOW PAGES™ DIRECTORY  
is about \$120.00



UPSTAIRS  
119 BANFF AVE.  
BANFF

"Where Tradition  
& Quality Meet"

11:30AM - 2:00AM  
7 DAYS A WEEK

**762-4616**

FAMOUS  
ALBERTA BEEF

# Bumper's

**Beef House Restaurant**

FAMOUS  
ALBERTA BEEF

IF YOU HAVEN'T BEEN TO BUMPER'S, YOU HAVEN'T BEEN TO BANFF

PRIME RIB — BABY BACK RIBS — STEAKS — CHICKEN  
GREAT SALAD BAR INCLUDED WITH ALL MEALS  
VISIT "THE BUMPER LOUNGE"



OPEN AT 4:30 DAILY



**762-2622**  
**762-4001**

603 BANFF AVE., BANFF



# Chez François RESTAURANT

since 1990

*We also cater to small & large groups*

*Classic french cuisine, fresh seafood speciality*

Personalized Service

RECOMMENDED BY RESTAURANT CRITICS  
JOHN GILCHRIST, CBC  
KATHY RICHARDIER, CALGARY HERALD  
ANNE SUCHE, WESTERN LIVING MAGAZINE


Mountain View

Your Hosts  
Chef/Owner Jean-francois & Sylvie

*Bon Appetit!*  
BREAKFAST - LUNCH - DINNER

**Reservations Recommended: 678-6111**

We are located in the Best Western Green Gables Inn  
1604 Bow Valley Trail Canmore



# GRIZZLY HOUSE

FONDUE & HOT ROCK RESTAURANT

PRIVATE DINING ROOMS  
FOR 2 AND FOR 4 TO 6 PEOPLE  
BANFF'S ONLY RESTAURANT  
FEATURED ON JEOPARDY

IN THE CENTRE  
OF BEAUTIFUL  
DOWNTOWN  
BANFF

FOR LOVERS AND  
HEDONISTS  
207 Banff Avenue  
(403) 762-4055  
RESERVATIONS APPRECIATED  
SEATING 11:30 A.M. UNTIL MIDNIGHT

A CHOICE OF FOURTEEN FONDUES  
INCLUDING BOURGUIGNONNE,  
NEUCHÂTEL, BAGNA CAUDA, LOBSTER,  
SEAFOOD, ORIENTAL, BUFFALO  
CHOCOLATE, VENISON, MUSHROOM  
PRAWNS, ALLIGATOR & RATTLESNAKE.

**OVER 100 WINES OFFERED**



# Magpie & Stump

Authentic Mexican Cuisine  
Lively Late Nite Cantina  
Open Daily Noon Till 2:00 AM  
Full Menu Till 2:00 AM

**762-4067**  
203 Caribou St., Banff

**SEE**  
Menus By Cuisine

# MALCOLM'S MOUNTAIN GRILL

at the

# Radisson

HOTEL & CONFERENCE  
CENTER CANMORE

Open Daily For Breakfast  
Lunch & Dinner  
Fabulous Sunday Brunch

Contemporary Canadian  
Cuisine  
Summer Patio

511 Bow Valley Trail, Canmore Alberta, T1W 1N7

**Phone: 678-3625 Fax: 678-3765**



# SILVER DRAGON

TAKE-OUT  
DELIVERY  
&  
CATERING  
AVAILABLE

SUPERB CHINESE CUISINE

FULLY  
LICENSED  
BANQUET  
FACILITIES

ALL MAJOR  
CREDIT CARDS  
ACCEPTED

★ CALGARY LOCATION ★  
CHINATOWN  
106 - 3rd Ave. S.E.  
403-264-5326

精美小菜  
香港名廚主理

OPEN DAILY 11:30 A.M.  
LUNCH • DINNER

**762-3939**

3rd FLR. 211 BANFF AVE., BANFF  
Across From Esso Gas Station  
(Elevator Back Entrance)

## TOMMY'S NEIGHBOURHOOD PUB

*"Good Food, Good Beer,  
Good Cheer -  
It's All On Tap Here"*

**A LOCAL'S  
FAVOURITE**  
DAILY LUNCH &  
DINNER SPECIALS

Open 11 a.m. to 2 a.m. 7 Days A Week

**762-8888**

120 Banff Avenue, Banff

*Fully licensed*

## Avenue RESTAURANT

*Featuring a Breakfast Buffet  
every morning and  
Fine Dining Continental Cuisine  
every evening*

Reservations Recommended  
Join us at 433 Banff Avenue (in the Banff Avenue Inn)

**762-4499**

**Boston Pizza**

**Come and  
get it all!**

Pizza • Pasta • Salads • Ribs • Sandwiches  
LICENSED • DINE IN • TAKE-OUT • DELIVERY • OPEN LATE NITE 7 DAYS A WEEK

CANMORE  
1704 Bow Valley Trail  
www.bostonpizza.com

**678-3300**

**THINK GLOBAL...  
EAT LOCAL**

**brunb's  
RESTAURANT & GRILL**

BREAKFAST-LUNCH-DINNER  
304 Caribou Street Banff

**762-3115**



## Caboose

*Restaurant & Lounge*

Experience the History of Banff and the Railroad  
Era By Dining At the Caboose In the Historic Railway Station  
**We Feature the Best Alberta Beef and Quality Seafood  
From Around the World**  
*Salad Bar Is Included With All Meals*

For Reservations  
**762-3622**



Located At The  
Junction Of Elk  
And Lynx Streets

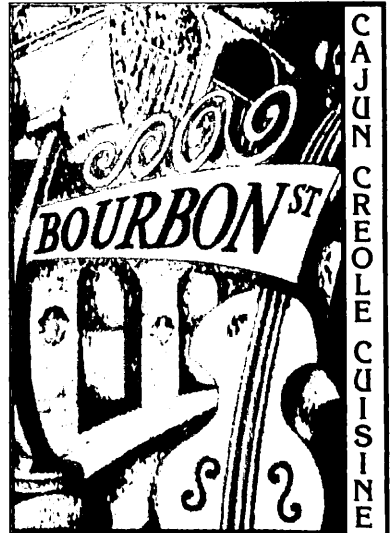
## Cilantro

*Inspired by California and Mexico*

Cilantro Mountain Café  
Buffalo Mountain Lodge  
Tunnel Mountain Road  
Banff, Alberta  
Ph: (403) 760.3008  
*Patio dining available  
seasonal hours, call ahead*

Cilantro  
338 17th Ave. S.W.  
Calgary, Alberta  
Ph: (403) 229.1177  
*Patio dining available  
reservations recommended*

Cilantro on the Lake at  
Emerald Lake Lodge  
Yoho National Park, Field B.C.  
Ph: (250) 343.6321  
*Patio dining available  
open all summer*



## French Quarter Café

*A Taste Of New Orleans*

Offering Live Jazz  
Entertainment  
Take Out Available  
On All Items

Ask About Our Catering

**678-3612**

Elk Run Industrial Pk  
#4, 102 Boulder Cres. Canmore

## COYOTES

*deli & grill*



breakfast, lunch  
& dinner daily

*contemporary  
southwestern cuisine*

reservations accepted  
206 caribou street, banff, ab  
tel: 403-762-3963

## Des Alpes



RESTAURANT

702 - 10 Street

CANMORE

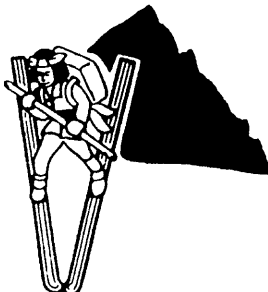
FINE  
SWISS - FRENCH

DINING IN  
A RELAXED

MOUNTAIN SETTING

Wir Sprechen Deutsch  
Nous Parlons Français

**678-6878**



LOCATED IN  
VOYAGER INN

**762-3908**

## Globetrotter Restaurant

BREAKFAST - LUNCH - DINNER

- OUTDOOR PATIO
- FULLY LICENSED
- BANQUET FACILITIES UP TO 250
- CHILDREN'S MENU AVAILABLE
- GOOD FOOD AT REASONABLE PRICES

**555 BANFF AVE, BANFF**

Think it over,  
the decision  
becomes clear...



### The KABIN

Superb Family Dining  
in an Authentic  
Log Cabin

Outside Patio • Fully Licensed • Sunday Brunch  
International Cuisine • Open 7 Days A Week  
Open For Breakfast • Lunch • Dinner

Across from  
Rocky Mountain Ski Lodge  
1712 BOW VALLEY TR., CANMORE



**678-4878**  
Fax 678-4878  
email: [kabin@telusplanet.net](mailto:kabin@telusplanet.net)

## Korean Restaurant

KARAOKE BAR  
EVERY TABLE IS EQUIPPED WITH  
HIBACHI TO COOK KALBI & BULGOKI  
Enjoy Authentic Korean Cuisine

**高麗園**

**762-8862**  
FAX LINE: 762-8898  
2nd Floor, Cascade Plaza  
317 Banff Ave, Banff

BANFF'S NEWEST JAPANESE RESTAURANT

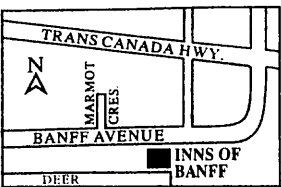
## Japanese Restaurant Miki

日本料理 三喜

INNS OF BANFF,  
2nd Floor, 600 Banff Avenue  
インズ オブ バンフ 2階

For Reservations:  
御予約は **762-0600**

Calgary Location: Sushi Bar Miki, #10, 5032 - 16th Avenue N.W., Tel:286-2860





Bay 2 - 202 Carlbou St.  
**762-8867**

VISA   MasterCard



TRY US FIRST



PROUD SPONSOR OF  
MELISSA'S ROAD RACE  
IN SEPTEMBER

CASUAL DINING  
IN A UNIQUE  
1928 LOG  
BUILDING

BREAKFAST - LUNCH - DINNER  
"MADE FROM SCRATCH" SPECIALTIES

- CHILDREN'S MENU
- DAILY HAPPY HOUR  
WITH FREE POPCORN



218 LYNX STREET  
762  
**BANFF**

**Musashi**  
Japanese Restaurant

**武藏** Try Traditional Japanese Cuisine in Canmore

**SUSHI BAR**

Open Daily Lunch: 12:00 noon - 2:00 p.m.  
Dinner: 5:00 p.m. - 10:00 p.m.

**678-9360**  
7A 1306 Bow Valley Tr., CANMORE Fax 678-2896

LUNCH BUFFET • TAKE OUT • CATERING  
**FREE DELIVERY**  
with minimum of \$20 food order within Canmore area  
BANFF DELIVERY AVAILABLE

**PEKING Ginger** Mostly Peking Cuisine

**HOURS**  
Mon. - Fri. 11:00am - 3:00am  
Sat. - Sun. Noon - 3:00am

**678-3365**  
Sunday Night Jam  
PEKING GINGER RESTAURANT  
CANMORE BAY E 1702 BOW VALLEY TR.  
(1A HIGHWAY)  
FAX LINE 678-3367

MasterCard VISA

**THE TERRACE**  
*The Approach  
Straight Forward  
The Cuisine  
Havorful  
The Service  
Memorable*

Featuring Alberta Beef  
Canadian Specialties & Seafood  
in the Comfort of an  
Atrium Setting.

**Banff Park Lodge**  
RESORT HOTEL & CONFERENCE CENTRE  
222 Lynx Street  
**762-4433**

**Peppermill**  
Restaurant

**Specializing In  
European Swiss Cuisine**

FULLY LICENSED  
SET MENUS FOR SPECIAL  
OCCASIONS AVAILABLE  
RESERVATIONS RECOMMENDED  
OPEN AT 5 P.M.

**678-2292**  
FAX: 678-8768  
726 - 9th St. CANMORE -  
1 BLOCK OFF MAIN STREET

**SANTA LUCIA**  
Italian Restaurant

"ENJOY AUTHENTIC ITALIAN DINING IN  
A RELAXED FAMILY ATMOSPHERE"  
SPECIALIZING IN:  
AUTHENTIC ITALIAN PIZZA • APPETIZERS  
• SALADS • SUBS • PASTA • VEAL • CHICKEN  
"Serving Canmore For Over 7 Years"

DELIVERY FULLY LICENSED TAKE-OUT  
**678-3414**  
CANMORE 714 - 8th STREET MAIN STREET

VISA MasterCard

**SHIKI**  
Japanese Restaurant

110 Banff Avenue  
CLOCK TOWER MALL  
Banff, Alberta, Canada

Pick Up Orders  
Telephone 762-0527

**SHIKI**  
Japanese Restaurant

110 Banff Avenue  
CLOCK TOWER MALL  
Banff, Alberta, Canada

Pick Up Orders  
Telephone 762-0527

*Best View  
in Banff!*

**Big Horn STEAKHOUSE**

ALBERTA AWA-BEER  
BANFF'S LARGEST RUNDLESTONE  
FIREPLACE & PATIO  
3 COURSE PRIME RIB DINNER  
FRI - SUN \$17.95

SEE  
Reservations:  
**762-2285**

Norquay's Timberline Inn  
HWY. 1 & MT NORQUAY RD.

*The Chinook*

**B**

*Banff Park Lodge*  
Resort Hotel & Conference Centre

**BANFF**

*Renowned for  
Banff's Favorite  
Sunday Brunch  
The Chinook All Day  
Restaurant offers the Whole  
Family Relaxed Dining  
with Stunning Views*

222 Lynx Street  
**762-4433**

**Dobe's**  
Burgers & Burgers

**Quality is Job 1**

- Halibut & Cod Fish n' Chips
- Famous "Bearclaw" Burgers

Phone orders welcome • We deliver  
• Visa/MC/Interact

**609-2345**

201 1005 Cougar Creek Dr, Canmore

**Fergie's Pizza 678-1811**

**Patrinos**  
Steak House & Pub

"ONE OF CANMORE'S FINEST RESTAURANTS"

- PRIME RIB
- PIZZA
- SEAFOOD
- PASTA

"FREE DELIVERY"

**678-4060**

Patrinos Pub - 678-3511 FAX 678-4155  
1602 BOW VALLEY TRAIL CANMORE

*Rose and Crown*

**Where Banff Meets!**

There's a comfortable seat, great food from a varied menu and a pint of cheer waiting for you. Relax by the fire or rack up the pool tables. Nightly Live Entertainment Seasonal Patio

Open 11:00 am - 2:00 am  
Upstairs, 202 Banff Ave.

**762-2121**

NEIGHBORHOOD PUB & RESTAURANT

THE GREAT CANADIAN

**BAGEL**

OVER 20 TYPES OF BAGELS  
16 VARIETIES OF CREAM CHEESE  
BAKED FRESH DAILY  
SPECIALTY COFFEES & DESSERTS  
SOUPS, SALADS, SANDWICHES  
BOX LUNCHES TO GO  
CATERING AND WHOLESALE PRICES

**PH/FAX 760-2424**

202 WOLF STREET, BANFF

*Smitty's* Family Restaurant

**All Your Favorites All Day Long  
Breakfast, Lunch, or Dinner**

- \* Children's Menu
- \* Fully Licensed

**609-3631**

1310 Bow Valley Tr. Canmore

**LAKE LOUISE STATION RESTAURANT**



VINTAGE DINING CARS  
& HERITAGE RAILWAY STATION

**522-2600**

200 Sentinel Rd.  
LAKE LOUISE

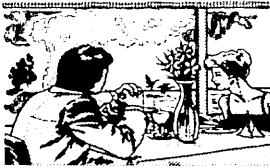
Don't let your child go  
to sleep in the dark.  
Read together tonight.

**ABC CANADA**

THE FOUNDATION TO PROMOTE LITERACY IN CANADA.

## RIVER VIEW DINING

OPEN  
5 P.M.  
DAILY



- EUROPEAN CUISINE  
In A Quiet Cosy Atmosphere  
Beautiful View Of Bow River
- CATERING

228 BOW AVE. **762-4600**  
BANFF



*Fine Food & Wine*

Reservations Recommended  
838 10th St., Canmore, T1W 2A7  
ph 609-9200 fax 609-9203  
akitchen@telusplanet.net

### Restaurants (Cont'd)

- Tannins Fine Food & Wine**  
1838 10 St. -----Canmore 609-9200  
(Please see our Display Ad This Page)
- Terrace The** 222 Lynx St. -----Banff 762-4433  
(Please see our Display Ad Page 254)
- TICINO SWISS-ITALIAN RESTAURANT**  
415 Banff Av. -----Banff 762-3848  
Fax Line -----Banff 760-2519
- Tommy's Neighbourhood Pub**  
120 Banff Av. -----Banff 762-8888  
(Please see our Display Ad Page 251)
- Tuscany Restaurant**  
Mount Royal Hotel  
138 Banff Av. -----Banff 762-7180  
(Please see our Display Ad Page 248)

**CLICK HERE!**

[www.canadayellowpages.com](http://www.canadayellowpages.com)

CALL NOW FOR YOUR FREE ONE HOUR CONSULTATION

## Personal Financial Coach™ LTD.

TWC Financial Corp. - Mutual Fund Dealer



Floyd A. Black  
President



My amazing success was not a fluke, so why not put 30 years of experience to work for you and your family? Insurance, mutual funds & other investments on your side for a more prosperous future.

**(403) 609-0013**

207 - 1205 Bow Valley Trail, Canmore, Alberta T1W 1P5

Fax: (403) 609-0018 Toll Free: 1-888-327-3333

E-mail: [pfcoach@pfcoach.com](mailto:pfcoach@pfcoach.com)

### Restaurants (Cont'd)

- Upper Hot Springs Restaurant & Patio**  
Mountain Rd. -----Banff 760-6686
- Upstairs Cafe**  
12d 102 Bow Meadows Cr. -----Canmore 609-3327  
If Busy Call -----Canmore 609-3348
- Vatel Institute Canmore Ltd**  
1719 Bow Valley Tr. -----Canmore 678-6599
- Wendy's Restaurant Hwy 1a** -----Canmore 678-9466  
120 Banff Av. -----Banff 760-4433  
(Please see our Display Ad Page 248)
- Wild Bill's Legendary Saloon Ltd**  
201 Banff Av. -----Banff 762-0333  
Fax Line -----Banff 762-0399
- Zona's Bistro** 710 9 St. -----Canmore 609-2000

### Restaurants-Drive-In

- Musashi Japanese Restaurant**  
7a 1306 Bow Valley Tr. -----Canmore 678-9360
- Wendy's Restaurant Hwy 1a** -----Canmore 678-9466  
120 Banff Av. -----Banff 760-4433

### Resume Service

- Canmore High Country Office Services**  
12 801 8 St. -----Canmore 678-0782

NO MATTER  
WHAT YOU'RE  
LOOKING FOR  
YOU'LL FIND  
IT IN THE  
YELLOW PAGES™  
DIRECTORY

### Retirement Consultants

#### PERSONAL FINANCIAL COACH LTD

207 1205 Bow Valley Tr. -----Canmore 609-0013  
(Please see our Display Ad This Page)

### Riding Academies

#### BANFF SPRINGS CORRAL

Banff Springs Htl. -----Banff 762-2848

#### BOUNDARY RANCH

Box 44 Kananaskis Village -----Kananaskis 591-7171

Fax Line -----Kananaskis 591-7326

(Please see our Display Ad This Page)

#### Brewster's Rocky Mountain Adventures

3 Flr 208 Bear St. -----Banff 762-5454

(Please see our Display Ad Next Page)

#### Cross Zee Ranch

255 Palliser Tr. -----Canmore 678-4171

#### GRIFFIN VALLEY RANCH LTD

"Largest Trail Riding Ranch In Canada"

Trail/Hayrides For All Ages

Wildcat Hills Restaurant & Bar

Box 789 -----Cochrane 932-7433

(CONTINUED NEXT LISTING PAGE)

People who are ready to buy turn first to the "Yellow Pages™". If you have something to sell or a service to offer, here's the place to tell about it. The "Yellow Pages™" places your name, address and telephone number before the buyer at the very moment he wants your product or service. Call the business office for information.

# Boundary Ranch

## KANANASKIS: VALLEY OF ADVENTURE

Trail Rides  
All Day Adventure Rides  
"Surf and Saddle" Packages  
Back Country Pack Trips  
Western Barbeques  
Restaurant and Lounge

Located on Hwy. #40 in Kananaskis, Country  
Box 44, Kananaskis Village  
[www.boundaryranch.com](http://www.boundaryranch.com)

**(403) 591-7327**  
**TOLL FREE: 1-877-591-7177**

Riding Academies (Cont'd)

**HOLIDAY ON HORSEBACK**  
132 Banff Av-----Banff 762-4551  
(Please see our Display Ad This Page)  
Horizon Equestrian Centre---Cochrane 932-3690  
**MARTIN'S STABLES LTD**  
Birch Av-----Banff 762-2832  
Rafter Six Ranch Resort Seebe -----673-3622  
(Please see our Display Ad This Page)

Always at your fingertips...  
the **YELLOW PAGES™** DIRECTORY,  
now with the Internet  
and alberta.com  
the world is just as close.

Riding Academies (Cont'd)

**SADDLE PEAK TRAIL RIDES LTD**  
PACK TRIPS TO DEVILS HEAD MTN.  
BREAKFAST RIDES.EVENING STEAK RIDES  
WHITEWATER RAFTING & TRAIL RIDING  
Box 1463-----Cochrane 932-3299

**SUNDANCE STABLES**  
Birch Av-----Banff 762-2832  
Timberline Tours Ltd  
Box 14-----Lake Louise 522-3743

The **YELLOW PAGES™** DIRECTORY,  
helping people  
find and connect  
with each other

Road Building Contractors

Inland Construction Limited  
3- Industrial Place -----Canmore 678-3946

Roof Trusses

**ALL SPAN BUILDING SYSTEMS LTD**  
RESIDENTIAL - COMMERCIAL  
FARM BUILDINGS  
TOLL FREE 1-800-268-4084  
424 Griffin Rd-----Cochrane 932-7878

Why not check into the sales  
building possibilities of the  
**YELLOW PAGES?** Call the  
business office for information  
on **YELLOW PAGE™** advertising.

*The Brewster Family; Real Life Mountain Pioneers And Cowboys In The Canadian Rockies*

**BREWSTERS  
KANANASKIS  
GUEST RANCH**

♦ ♦ ♦

Cabins & Chalets

Trail Riding  
& Overnight Pack Trips


Rafting & Canoeing

Conference Facilities

♦

Western BBQs,  
Weddings~ Special Events

**Live The Lore Of The West**



**BREWSTERS  
LAKE LOUISE  
STABLES  
&  
DANCE BARN**

♦ ♦ ♦

Famous  
Tea House Trail Rides  
~ Lake Agnes


♦

Winter Sleigh Rides

♦

Western BBQs  
With Entertainment

For Reservations: 762-5454  
Website : [www.brewsteradventures.com](http://www.brewsteradventures.com)  
Since 1892



# Holiday on Horseback

- Bow River Ride • Sundance Loop Ride •
- Bow Valley Loop Ride • Sulphur Mtn./Spray River Ride •
- EVENING TRAILRIDE STEAKFRY • MOUNTAIN BREAKFAST RIDE •
- BANFF CARRIAGE SERVICE •
- OVERNIGHT TRIPS TO REMOTE BACKCOUNTRY LODGE & TENT CAMPS •

**Warner Guiding and Outfitting Ltd.**  
Office located at the  
Trail Rider Store  
132 Banff Avenue, Banff  
<http://www.horseback.com>

# BANFF

762-4551



*Cowley's World Famous*

# RAFTER SIX®

★ RANCH RESORT ★

*"Where The West Stays Alive"*

- ★ Guided Rides
- ★ Carriages/Wagons
- ★ Rafting/Canoeing
- ★ Lodge/Cabins
- ★ Meetings/BBQs
- ★ Chapel/Weddings

# 1-888-26-RANCH

(1-888-267-2624)

OR (403)673-3622 Seebe, Alberta T0L 1X0  
30 Min. East of Banff & 2km South on Hwy #1  
Website: [www.raftersix.com](http://www.raftersix.com)



Roofing Contractors

**Bock Roofing Ltd**  
H7131 6 St SE-----Calgary 640-4173  
(Please see our Display Ad Page 259)  
**Freeze Maxwell Roofing (Calgary) Ltd**  
Bay 1 2501 Alyth Rd SE -----Calgary 253-0101  
(Please see our Display Ad Page 259)  
**HILSTAD G ROOFING**  
7 Grotto Close-----Canmore 678-4687  
Fax Line -----Canmore 678-3920  
(Please see our Display Ad Next Page)  
**Jutland Roofing Ltd**-----Calgary 271-0800  
(Please see our Display Ad Page 259)

(CONTINUED NEXT LISTING PAGE)

CAN'T RECALL A NAME?  
LOOK IN THE **"YELLOW PAGES™"**  
THEY WILL HELP YOU.

# HILSTAD G. ROOFING



## COMMERCIAL & RESIDENTIAL

CEDAR SHAKES & SHINGLES  
 ASPHALT SHINGLES  
 CONCRETE ROOF TILES  
 NEW ROOFS  
 RE-ROOF  
 ROOF REPAIRS  
 METAL ROOFING

*Serving The Bow Valley For 14 Years*

24 HOUR ANSWERING SERVICE

**678-4687**

**Fax Line 678-3920**

7-Grotto Close • Canmore AB T1W 1K4

# WESTERN ROOFING

(1977) CO. LTD.

*Serving Calgary & Area for over 30 years*

- ASPHALT SHINGLES -20, 25, 30 YR.-
- CEDAR SHAKES & SHINGLES
- CONCRETE ROOF TILES
- ASPHALT & GRAVEL FLAT ROOFING
- WATER PROOFING
- FIBREGLASS SHINGLES
- SINGLE PLY & 2 PLY ROOFING SYSTEMS
- SOFFITS & FASCIA
- EAVESTROUGHING
- SIDING



Member of Alberta Roofing Contractors Assn.  
 Member of Canadian Roofing Contractors Assn.

**RESIDENTIAL — COMMERCIAL — INDUSTRIAL**

24 HOUR SERVICE  
 ON EMERGENCIES  
 ONLY

**FAX LINE 266-7104**

**262-6116**

839 - 24th AVENUE S.E., CALGARY

**FREE WRITTEN  
 ESTIMATES**

Roofing Contractors (Cont'd)

Peddie Roofing & Waterproofing Ltd

3352 46 Av SE -----Calgary 273-7000

Fax Line -----Calgary 273-7701

(Please see our Display Ad This Page)

T A F Renovations

54101 19 St NE -----Banff 762-8111

(Please see our Display Ad This Page)

Roofing Contractors (Cont'd)

TRU-CRAFT ROOFING & SHEET METAL CO LTD

3834 15 St SE -----Calgary 264-6626

WESTERN ROOFING (1977) CO LTD

839 24 Av SE -----Calgary 262-6116

(Please see our Display Ad Previous Page)

Rubber Stamps

Alberta Stamp & Marking Co Ltd

Edmonton Fax (No Charge Dial) -----1-800-837-3977

Alpine Flower & Gifts

4 229 Bear St -----Banff 762-8600

Royal Rubber Stamp Co Ltd

Edm(No Charge Dial) -----1-800-272-8859

Stamp-It 105 830 Main St -----Canmore 678-6563

FIND WHAT YOU WANT —  
WHEN YOU WANT IT —  
PRODUCTS — DEALERS —  
SERVICES — PROFESSIONS  
are listed . . . by classification.  
. . . throughout these pages. You  
can find almost anything you  
need quickly and easily when  
you use THE YELLOW PAGES™

NEED SOME SERVICE?  
When the job calls for expert  
service, you can find just the  
people to do it by looking in the  
YELLOW PAGES. It's the easy,  
fast way to find anything you need  
--- services, stores or products.

Need A Product Or Service For  
Your Office? Your Shop?  
Your Plant? Your Store?  
Your Factory? Your Mill?  
Shop The  
"Yellow Pages"™  
And Find What You Need.

LEAKY  
ROOF?



Call us for  
commercial &  
residential roof  
replacement  
and repairs.

We provide:

- 24 hour emergency service
- consulting and inspection service
- roof replacement or repairs of all types and sizes
- a scheduled inspection and maintenance service

TOLL FREE  
1-800-422-9964  
253-0101  
Freeze Maxwell  
Roofing (Calgary) Ltd.  
for superior quality and service,  
commercial and residential.

Bay 1, 2501 Alyth Rd.S.E.  
Calgary, Alberta T2G 1P7



BOCK ROOFING LTD.

RESIDENTIAL & COMMERCIAL

- Concrete Roof Tile
- Asphalt Shingles
- Tar & Gravel
- Torch - On Membrane
- Wood Shakes
- Standing Seam Metal
- Copper
- Siding, Soffit & Fascia

LICENSED • BONDED • INSURED

Visit Us on the Web  
www.bockroofing.com

640-4173  
FAX 640-4194

BAY H, 7131 - 6th ST S.E. Calg.



"Since 1976!"



- TAR & GRAVEL
- 2-PLY MODIFIED BITUMEN
- SINGLE-PLY MEMBRANES
- ASPHALT SHINGLES
- CEDAR SHAKES
- FIBREGLOSS SHINGLES
- SUN & PATIO DECK COVERINGS

FREE ESTIMATES  
273-7000

3352 - 46th AVE. S.E.  
CALGARY, ALBERTA

NEW ROOFS  
RE-ROOFS  
ROOF REPAIRS


ASK ABOUT OUR  
ROOF MAINTENANCE  
PROGRAM!

21 YEARS EXPERIENCE

JUTLAND  
ROOFING LTD.

(Established 1982)

"ROOF TILE SPECIALISTS"



GUARANTEED WORKMANSHIP  
LICENSED & INSURED  
FREE ESTIMATES

(403) 271-0800  
CALGARY

T.A.F.  
RENOVATIONS

Siding  
Roofing  
Asphalt Shingles  
Cedar Shakes

"Renovation & Restoration Experts"

INSURANCE CLAIMS WELCOME

762-8111

DECRA BOND  
LIGHTWEIGHT ROOFING  
Steel Roofing Systems

